



The organisation in its element by natural leadership

'The Organization in its element by natural leadership' is a workshop specifically designed for executives within profit and non-profit organizations. The basis for this training is founded in the transactional analysis (TA) in combination with expression of movement.

Programme

In this workshop, the following elements are covered:

- the combination of theoretical explanations, self-reflection and movement exercises reveal unconscious learned patterns
- by analysis of these and practicing with new behavioral variants each participant comes closer to his / her authentic style
- the understanding and impact of non-verbal communication to others is increasing, as well as the understanding of the unconscious signals of others

Output

Within the time frame of one workshop day each participant is able to adopt a more natural way of non-verbal communication. The results are evident:

- making a new, energetic start as (multicultural / international) team
- open appeal to each other on behavior, result, strength in initiative
- taking responsibility for initiatives, even if they are experienced as 'risky'
- 'out of the box' thinking
- learn to give and receive individual feedback to each other

Cost & duration

- One day: 10.00 – 17.00 hours
- € 495,- excl. VAT / incl. lunch, coffee, tea

Starting date / location

From september 2013; number of participants: 4 – 10

Location: Beusichemsedijk 23 / 4101 NV Culemborg
or at (your) site.

"The path to authentic leadership runs through authenticity and autonomy. In order to provide leadership effectively a manager should feel free to naturally acting and thus consequently can respond within the dynamics of his team(s)."

What is the focus of this workshop?

It comes to non-verbal-communication.

Often this only partly corresponds with the unique person that every manager is. This discrepancy is sometimes unconsciously, sometimes consciously observed by others and affects the overall perception of that person. As this plays a leading role within an organization, the friction between the literal 'talk' and 'walk' affect the credibility and effectiveness of him or her as a manager.



Sadhna Meijer-Gopalrai (1967):

in addition to her profession as business counsellor and cultural coach she is extensively trained in the classical Indian temple dance from a younger age. This dance form like no other unites the big gesture with fine motor skills. Her own experiences in the process of internalizing this dance and to maintain her 'skills' are a continuous source of inspiration for trainings like these.

Sadhna's personal synthesis of oriental insights with western business experience makes her an unique and impactful trainer.

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 Geaccrediteerd
Registercounsellor